# Central Klickitat County Parks and Recreation Department [CKCPRD] Youth Soccer Registration 2024

For girls and boys in Grades K-8

Teams will be determined by child's grade for the 2024-2025 school year Fee: \$62 for first child; \$56 for each additional child in same family

Please complete one registration form pe	er household: Family Last	Name			
Parents Names:	Wh	Who should we contact?			
Best Contact #:	(text? YES)	Alt#:			-
Mailing Address:					
Email Address:					
Registration fee includes: Secondary i jersey for players to keep at the end of s		eam and field e	quipment ar	nd supplies, and	l game
All players must have black shorts and s should be worn over the shin guards, no		ds must be wo	rn to all prad	ctices and game	s. Socks
Shirt sizes are YS (Youth Small 6/8), YM Medium), or AL (Adult Large). Please ind Youth or Adult sizing.)					
Player 1 Last name, first name	2024-2025 Grade	Gender	Size	Fee	
				\$62	
Player 2 Last name, first name				ψυΣ	
				<b>\$50</b>	
Player 3 Last name, first name				\$56	
Player 4 Last name, first name				\$56	
riayei 4 Last Hame, ilist Hame				\$56	
Does your child have any medical, beha (E.g. Heart condition, asthma, allergies,				hould be aware	of?
Do you have a coach or player request? considered as we put teams together. O competitive.)	ur goal is to make teams as				
Coach's name:					

Please read and sign the back of this paper.

Please turn registration form and payment into the CKCPRD. Cutoff date for registrations will be Friday, July 12th.

After cutoff date there is no guarantee, your child will be able to play.



#### **CKCPRD Youth Soccer Parent Information and Expectations**

#### What to expect from this youth soccer program:

- 1. All children will be given the opportunity to learn the fundamentals of soccer. Each division is determined by grade level, and teams are put together as evenly as possible. There are different skills taught at each different level, and those guidelines are given to the coaches. If you have any questions, please feel free to ask for those guidelines. We will be happy to provide them.
- 2. Your child's coach is most likely a parent of another child on your team, and s/he is also a VOLUNTEER. Please treat him/her with respect and teach your child to do so as well. It will be your responsibility to make sure your child behaves at practices and games. Please make sure you are available if there is a problem, so your child's coach doesn't have to spend all his/her time trying to get your child to follow instructions. Practices will function much better if the coach can coach and parents can deal with disciplinary issues. Also, please make sure that your child's personal equipment (shin guards, socks, jersey, etc.) are ready to go before practice and games. Socks need to be worn OVER the shin guards, and only soccer cleats or tennis shoes are allowed. Football, baseball, and lacrosse cleats all have a toe cleat at the front of the shoe and are not acceptable footwear for soccer.

The coach is the head of the team, and ultimately the person in charge. If you would like to help or if there is a problem, please approach your child's coach in private and work together towards a solution. Most coaches are more than happy to have help. Please do not criticize your child's coach in front of your child.

#### 3. Parents Code of Conduct:

- a. I will not:
  - i. yell at, harass, or argue with referees or coaches on or off the field.
  - ii. force my child to participate in soccer.
  - iii. behave negatively at games.
- b. I will:
  - i. treat referees, coaches, opposing parents and opposing players with respect.
- c. Violations of code of conduct:
  - i. Any parent acting unseemly will be given a warning. A second confrontation will result in removal from the field and a meeting with the soccer organizers. If you are unclear of the rules of soccer and would like some explanation, please visit the <u>referee informational website</u>. Many of the decisions made by the referees on the field are split-second decisions and made from that referee's point of view. He/she will see things differently on the field than you can see from the sideline. Parents should not have any contact with the refs during a game. After the game it is completely appropriate to express gratitude to the referee for adjudicating the game.
- 4. This program is run largely by volunteers, and they are taking the time from their daily schedules to help run this program. If you are interested in volunteering, please look towards the end of this packet. We always need referees, help with equipment distribution, and field upkeep.
- 5. Soccer games will be held rain or shine. Games will be scheduled for Saturday mornings, and practice schedules will be decided by each individual coach. If there are announcements that need to be made, we use email to notify the coaches and they will communicate with their teams.
- 6. Please take time to read through and sign the concussion forms attached to this registration form. It is a national law that no one under the age of 11 is allowed to head the ball, and those that are 11-13 are only allowed to head the ball in practices, not games.

I have read and agree to all these guidelines. My child Youth Soccer.	(ren) has/have my permission to participate in CKCPRD
Parent signature for consent:	Date:



## **Concussion Information Sheet**

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, <u>all</u> concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

## Symptoms may include one or more of the following:

- Headaches
- "Pressure in head"
- Nausea or vomiting
- Neck pain
- Balance problems or dizziness
- Blurred, double, or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish or slowed down
- Feeling foggy or groggy
- Drowsiness
- Change in sleep patterns

- Amnesia
- "Don't feel right"
- Fatigue or low energy
- Sadness
- Nervousness or anxiety
- Irritability
- More emotional
- Confusion
- Concentration or memory problems (forgetting game plays)
- Repeating the same question/comment

# Signs observed by teammates, parents and coaches include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can't recall events prior to hit
- Can't recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness

## **Concussion Information Sheet**

# What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student athlete's safety.

# If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new "Zackery Lystedt Law" in Washington now requires the consistent and uniform implementation of long and well-established return to play concussion guidelines that have been recommended for several years:

"a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time"

#### and

"...may not return to play until the athlete is evaluated by a licensed heath care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider".

You should also inform your child's coach if you think that your child may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to: <a href="http://www.cdc.gov/ConcussionInYouthSports/">http://www.cdc.gov/ConcussionInYouthSports/</a>

Student-athlete Name Printed	Student-athlete Signature	Date
Student-athlete Name Printed	Student-athlete Signature	Date
Student-athlete Name Printed	Student-athlete Signature	Date
Student-athlete Name Printed	Student-athlete Signature	Date
Parent or Legal Guardian Printed	Parent or Legal Guardian Signature	Date

Adapted from the CDC and the 3rd International Conference on Concussion in Sport Document created by CKCPRD 4/25/2024

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# **CKCPRD Youth Soccer: 2024 Web Photo Release and Consent Form**

## **Photo Use Policy**

CKCPRD Youth Soccer requires a signed release form from the subject of any photograph or image used on its web site. This form must be completed by individuals or parents of individuals who wish to submit photographs for publication or who may be the subject of photographs to be published on this website. CKCPRD Youth Soccer will not publish any image of a minor unless his or her parent or legal guardian has signed a permission form.

#### **Photo Release and Consent Form**

I hereby grant permission to	CKCPRD Youth Soccer to u			
specific permission, in writter	n form, is given to an approp	riate CKCPRD Yo	uth Soccer executive boa	Il be used on the web site unless rd member. I understand that once nputer user around the world. I
	gal parent/guardian of the cl	nild(ren) listed belo		ve until such time as I revoke it in
Effective immediately, on the			0	
	(Print full legal nam	e of parent/guardia	an.)	(Legal signature)
For each child/minor please	print full legal name			
1			3	
2				
	CKCPRD Youth So	ccer: YES! I	Want to VOLUNTE	ER!
Coach (Volunteer Applic	cation Required & First Aid	d/Concussion Tra	aining date TBA)	
Assistant Coach (Volunt	eer Application required &	& First Aid/Concu	ussion Training date TB	SA)
Referee (Required to at	tend training date TBD)	Field Set-up	Team Parent	
Name		Phone_		
Following application is R background check for the	_	sistant coaching.	For the safety of our c	hildren there will be a
Central Klickitat County P	arks and Recreation Distr	rict: Volunteer Ap	pplication Form	
Full Legal Name				
Previous/Maiden names ι				
Home Phone	Cell	V	Vork Phone	
DISCLOSURE All applica	nts must answer the follo	wing question. F	ailure to answer hones	tly will disqualify the applicant ound check purposes to ensure
Have you ever been conv conviction in full, including				es, please describe the ')
By signing this form, I agr CKCPRD in a timely man	=	-	and without inducemer	nt of any kind. I agree to inform
Signature			Date	

